

52-Weeks To A Better You?: How To Get Out of Your Own Way & Live The Life You Desire

Kennette Reed, principal consultant and success coach for Kennette Reed & Associates today announced the release of, Steps Along Your Path: 52 Weeks of Path Clearing & Inspiration. "This book consists of inspirational quotations and weekly personal development exercises, designed to help remove self-imposed success impediments.", says Ms. Reed.

[Tue Mar 01 2005] San Leandro, Calif.

Kennette Reed, principal consultant and success coach for Kennette Reed & Associates today announced the release of, Steps Along Your Path: 52 Weeks of Path Clearing & Inspiration. "This book consists of inspirational quotations and weekly personal development exercises, designed to help remove self-imposed success impediments.", says Ms. Reed.

Ms. Reed further states, "We all have the ability to realize our dreams. Unfortunately, we allow our interpretation of circumstances and events to impede our progress. A difference in perception is one of the major reasons why some achieve personal success and others do not. How we perceive and react to events is key. When we carry ill-feelings, hurt, and fear from circumstances or events, they become baggage. The weight of that baggage slows (or sometimes stops) our progress. This book was written to help clear away that baggage, and the burden of carrying it."

This is the second book Ms. Reed has published in less than a year. Her workbook, Discovering Your Passion: The Thing That Makes Your Heart Sing was published in the Spring of 2004. "I enjoy providing information that helps people get past personal blocks, and on to the life they desire.", Reed said. Both books are available at the company website www.kennettereed.com/products_is.htm .

Ms. Reed is a performance and retention consultant, success coach, trainer, and nationally known speaker. Kennette Reed & Associates is located in San Leandro, CA. For additional information about services, visit the company website www.kennettereed.com or phone (510) 888-9950.

###

FOR IMMEDIATE RELEASE

STEPS ALONG YOUR PATH

By Kennette Reed

On-Sale Date: February 28, 2005

\$8.95 FPT

ISBN: 0-9713718-1-4

CONTACT:

Kennette Reed

Kennette Reed & Associates

655 Lewelling Blvd., #443

San Leandro, CA 94579

(510) 888-9950

kreed@kennettereed.com

<http://www.retentionexpert.com>